



## UPCOMING TRAINING OPPORTUNITIES

Saturday, August 8<sup>th</sup> 10:00-3:00  
Zoom Virtual Training

**Perna Richards**

**Set Up for Success Beyond Classroom Management**

4 clock hours of Instructor led training

Saturday, August 29<sup>th</sup> 10:00-3:00  
Zoom Virtual Training

**Diane Goyette**

**Keys to Understanding, Preventing, and Handling Challenging and Aggressive Behavior**

4 clock hours of Instructor Led Training

Saturday, September 19<sup>th</sup> 10:00-3:00  
Zoom Virtual Training

**Dr. Sharon Young**

**Child Growth & Development Training and Diversity & Dual Language Learners Training**

4 clock hours of Instructor Led Training

Saturday, October 17<sup>th</sup> 10:00-3:00  
Zoom Virtual Training

**Kristin Miller**

**Increasing Vocabulary and Language Development, and Progression of Phonological Awareness**

4 clock hours of Instructor Led Training

## CCS Workroom Open Monday thru Friday 8-5

With the new school year gearing up and teachers refreshing their classrooms, come use the CCS Workroom located at 202 Henry O. Flipper St.

The following resources are available for you to use in the Workroom:

- Seasonal and Holiday die-cuts
- Craft Paper and Construction Paper - assorted colors
- 11" Die-cuts for borders
- Binding machine and binders - for creating Booklets
- Resource Books and Magazines

Contact Jodelle Block 703-2402 or [jblock@cvworkforce.org](mailto:jblock@cvworkforce.org) to schedule an appointment.

## Book Recommendation



***Masked Ninja: A Children's Book About Kindness and the Spread of Racism and Viruses (Ninja Life) by Mary Nhin***

Through a child's eyes, the world may seem chaotic with coronavirus, masks, and social distancing.

Masked Ninja explains what is going on in our current pandemic and shows us actionable steps we can take to prevent the spread of viruses and racism.

Life is hard! And it is even harder for children who are trying to figure things out.

*The Ninja Life Hacks book series is geared to kids 3-11*

## Pointers on Talking to Children About Civil Unrest

The following are excerpts taken from an interview between news anchor, Andrea Perdomo, and Florida Gulf Coast University's Director of Community Counseling Center, Alise Bartley, about how parents can talk to their children during the wave of protests sweeping the country.

**Perdomo:** So, these are some pretty strange times, you know, between a public health crisis, and now the civil unrest that's kind of taking hold of the country. If adults might be having a hard time processing all this, how might children be impacted?

**Bartley:** Well, children are impacted at a different level than adults. Adults are able to think abstractly as to what this means; children can only think concretely. Which means all they're seeing is that people are getting hurt, and that people are very angry. They are really struggling with what the protesting means.

**Perdomo:** And can you elaborate on how children are being exposed to news more than they might have been before?

**Bartley:** Our children seem to have an incredible amount of access to technology and a lot of media, whether it's mass media or social media, they have more access than they've ever had. And because of that, it's very difficult for parents to be able to monitor everything our children are watching. So, our children are being exposed to some very disturbing images that can really negatively impact some children and adolescents.

**Perdomo:** So, parents should not only limit their children's access, but should also be mindful of their screen time as well?

**Bartley:** Absolutely, because we're really struggling with [not] having the face to face contact, due to the physical distancing that we have from people. We are socially connecting through a lot of different mediums. And we may think our children are not listening because they're playing a video game or they're doing something else--trust me, our children hear everything that we have to say. And they're also listening to the TV, if the TV's on or we're on our computers, and we're looking at a site about the protesting, our children are very much aware of what's happening.

**Perdomo:** And how should parents address sensitive topics like racism and police brutality with their children?

**Bartley:** I think it's very important to base this on the age and the developmental phase of each of our children. So, if you have a young child at home, who's less than at the age of six, I would discourage any type of contact in regard to what's happening with the social media. I think it is important that we have a discussion how we need to be respectful and treat everyone respectfully no matter who they are, or what culture or race that they're from. I think as we get older, and our teenagers in particular are feeling a sense of outrage as to what's happening, this is where you need to work with your teenager to empower them to channel their frustrations into something that can really accurately reflect their personal integrity and their goals. So, maybe it's writing your member of Congress, or if you have someone who's going to be turning 18, making certain that they vote. So, it's really based on the developmental stage and what's happening with them personally.

**Perdomo:** What can parents do to get a conversation started with their children to find out how they are thinking and feeling as they hear the news and see these images from protests? Is it important to talk to them about these things?

**Bartley:** Absolutely. And our children need to be informed about the protesting and the rioting. Again, you have to decide based on each developmental phase what level of exposure you want to have with your children. Again, younger than six I would definitely limit the amount of exposure but when it comes to six and above, and again, it depends on the developmental savviness of your child, I would ask 'well, what do you know right now? What have you heard?' And this is where it's important as parents, we do our best to reassure our children that we're going to do everything that we can to keep them safe, and to talk about how we are supposed to treat each other, how important it is that we treat everyone with respect and dignity.

We are an equal opportunity employer / program. Auxiliary aids and services are available upon request to individuals with disabilities. If you require special accommodations, please email [accommodations@cvworkforce.org](mailto:accommodations@cvworkforce.org) or call 800-996-7589. Relay Texas @ 1-800-735-2989 (TDD) or 1-800-735-2988 (Voice). Program funding provided through Concho Valley Workforce Development Board.