



# Tips for Tots

May 1, 2020

## Frontline Child Care Availability Portal

Are you a Child Care Provider open and providing care to Essential Workers? Share your availability and help workers get the Child Care they need.

### How it works

- 1) Complete the Child Care Availability Form. It only takes one minute to complete. Visit [bit.ly/FLCproviderlogin](http://bit.ly/FLCproviderlogin) to get started.
- 2) Bookmark and Plan to update the form weekly. In order to keep the website current, every seven days your availability will change to "unknown" if you do not update it.
- 3) User search results are sorted on most recent data. The more often you update, the higher you will be listed.
- 4) Update the form even if you have no openings. This helps us know where more child care may be needed.
- 5) Need additional help? Detailed instructions are available at [bit.ly/FLCproviderinstructions](http://bit.ly/FLCproviderinstructions).

Critical infrastructural workers can find safe child care while they continue to support the community by using [frontlinechildcare.texas.gov](http://frontlinechildcare.texas.gov)

Frontline Child Care is an initiative of Governor Greg Abbott in coordination with the Texas Education Agency, Texas Workforce Commission, Texas Health and Human Services, and the Texas Higher Education Coordinating Board.

Dear Open Providers,

Please remember to email your attendance to Kelly by 5:00 p.m. every Monday during this COVID-19 pandemic.

Sincerely,  
Your Friendly Reminder

Please continue to send CCS staff Essential Workers who need child care at this time. Applications can be found at [www.cvworkforce.org](http://www.cvworkforce.org)

## And the People Stayed Home

And the people stayed home.

And read books,  
and listened,  
and rested,  
and exercised,  
and made art,  
and played games,  
and learned new ways of being,  
and were still.

And listened more deeply.

Some meditated,  
some prayed,  
some danced.

Some met their shadows.

And the people began to think differently.

And the people healed.

And in the absence of people living in ignorant,  
dangerous, mindless, and heartless ways,  
the earth began to heal.

And when the danger passed,  
and the people joined together again,  
they grieved their losses,  
and made new choices,  
and dreamed new images,  
and created new ways to live,  
and heal the earth fully,  
as they had been healed.

By Kitty O'Meara

Effective April 1, 2020 and until further notice from TWC - Texas Workforce Commission parents **DO NOT** pay a parent share of cost

## Facts about COVID-19 for Discussions with Children

As public conversations about coronavirus disease 2019 (COVID-19) increase, children may worry about themselves, their family, and friends getting ill with COVID-19. Parents, family members, school staff, and other trusted adults can play an important role in helping children make sense of what they hear in a way that is honest, accurate, and minimizes anxiety or fear. CDC has created guidance to help adults have conversations with children about COVID-19 and ways they can avoid getting and spreading the disease.

General principles for talking to children

### Remain calm and reassuring.

- Remember that children will react to both what you say and how you say it.
- They will pick up cues from the conversations you have with them and with others.

### Make yourself available to listen and to talk.

- Make time to talk.
- Be sure children know they can come to you when they have questions.

### Avoid language that might blame others and lead to stigma.

- Remember that viruses can make anyone sick, regardless of a person's race or ethnicity.
- Avoid making assumptions about who might have COVID-19.

### Pay attention to what children see or hear on television, radio, or online.

- Consider reducing the amount of screen time focused on COVID-19.
- Too much information on one topic can lead to anxiety.

### Provide information that is honest and accurate.

- Give children information that is truthful and appropriate for the age and developmental level of the child.
- Talk to children about how some stories on COVID-19 on the Internet and social media may be based on rumors and inaccurate information.

### Teach children everyday actions to reduce the spread of germs.

- Remind children to stay away from people who are coughing or sneezing or sick.
- Remind them to cough or sneeze into a tissue or their elbow, then throw the tissue into the trash.
- Discuss any new actions that may be taken at school to help protect children and school staff. (e.g., increased handwashing, cancellation of events or activities)
- Get children into a handwashing habit.
  - Teach them to wash their hands with soap and water for at least 20 seconds, especially after blowing their nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
  - If soap and water are not available, teach them to use hand sanitizer. Hand sanitizer should contain at least 60% alcohol. Supervise young children when they use hand sanitizer to prevent swallowing alcohol, especially in schools and child care facilities

Visit the CDC website at: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/talking-with-children.html>

Here is a link that has updated law policies for providers just in case the need should ever arise:  
[childproviderlaw.com](http://childproviderlaw.com)  
This is the link Tym the Trainer recommends :)

If you are currently closed and plan to reopen, please call Kelly to let her know. Thanks!



We are an equal opportunity employer / program. Auxiliary aids and services are available upon request to individuals with disabilities. If you require special accommodations, please email [accommodations@cvworkforce.org](mailto:accommodations@cvworkforce.org) or call 800-996-7589. Relay Texas @ 1-800-735-2989 (TDD) or 1-800-735-2988 (Voice). Program funding provided through Concho Valley Workforce Development Board.